

COURSE BROCHURE

Social and Emotional Skills

A research-grounded course on skills, development, assessment, and practical application.

Designed for adult professionals and curious learners. Original AdriaMont Institute material, adapted from expert teaching, research, and professional practice.

A brochure for a flagship course that connects social and emotional skill research to adult learning, education, work, and policy.

BEST FOR	Educators, HR professionals, psychologists, researchers, policy teams
CORE PROMISE	Understand SEL deeply enough to use it responsibly
FORMAT	Full digital course or shorter seminar route
AVAILABILITY	Available for course inquiry

Why this course matters

Social and emotional skills are widely discussed but often poorly defined.

Better decisions require clearer links between skill concepts, development, measurement, and context.

This course helps learners avoid simplistic claims and design more thoughtful learning and assessment practices.

What participants receive

A structured map of SEL domains and related psychological concepts.

Reading route and evidence guide.

Assessment claim review prompts.

Development activity planning template.

Start with the free SEL reading guide, then request course details or a group session.